***Deep Reflection on the Serenity Prayer***

1. Which part of the Serenity Prayer is most meaningful to you? Why?
2. What have you tried to change that you need to accept?
3. What changes can you make in your life that are in your control?
4. How would your life be different if you were able to let go of what can’t be changed?
5. What feelings does this prayer trigger in you?